



OUR A-Z OF TREATMENTS

Anti-Wrinkle Injections (Botox)



Injectable Muscle Relaxant

Anti-Wrinkle Injections, commonly referred to as Botox, involve the precise administration of a purified botulinum toxin into targeted facial muscles to temporarily reduce their activity. This softens dynamic lines caused by repetitive expressions such as frowning, squinting, or smiling. The treatment is minimally invasive, fast-acting, and medically regulated, with effects becoming visible within a few days and lasting for several months. It is widely used both preventatively and correctively to maintain a smooth, youthful facial appearance without surgery or downtime.

Benefits

- Softens fine lines and dynamic wrinkles
- Prevents deeper crease formation with continued use
- Lifts and shapes facial features subtly
- Quick treatment with no recovery time
- Results visible within 3–5 days
- High safety profile when administered by trained professionals
- Can be tailored for subtle or dramatic effects

Areas Treated

Forehead lines, Frown lines (glabellar complex), Crow's feet (lateral canthal lines), Bunny lines (nose scrunch), Eyebrow lift (brow shaping), Gummy smile correction, Lip flip (upper lip enhancement), Chin dimpling (mental crease or "orange peel" chin), Platysmal bands (neck cords), Jawline slimming (masseter muscle), Nose tip lift, Downturned mouth corners, Nasal flare reduction, Perioral lines (smoker's lines)

Bio Filler



Plasma Gel Volumisation

Bio Filler is a regenerative volumising treatment made by converting the patient's own platelet-rich plasma (PRP) into a smooth, injectable gel through controlled heating and cooling. This plasma-derived filler is rich in growth factors and fibrin matrix, offering a natural alternative to synthetic dermal fillers. Once injected, Bio Filler provides immediate soft-tissue augmentation while also stimulating fibroblasts and promoting long-term collagen synthesis. The results are subtle, biocompatible, and ideal for clients who wish to avoid foreign substances or who are prone to filler sensitivities.

Benefits

- Replenishes volume using 100% autologous material
- Stimulates collagen for progressive tissue tightening
- Enhances contours without synthetic fillers
- Improves skin quality, elasticity, and hydration
- Reduces fine lines and facial creases
- Safe for sensitive skin with no risk of allergic reaction
- Biodegradable and naturally absorbed over time

Areas Treated

Tear troughs, Cheeks, Nasolabial folds, Marionette lines, Chin, Temples, Jawline, Forehead, Hands

Carbon Facial



Laser-Activated Skin Clarification

The Carbon Facial, often referred to as the “Hollywood Peel” or “China Doll Facial,” is a non-invasive laser treatment that uses a carbon-based lotion in combination with Q-switched or Nd:YAG laser technology to deeply cleanse, exfoliate, and rejuvenate the skin. The carbon lotion penetrates the pores and binds to debris and oil, which is then vaporised by the laser to reveal clearer, smoother skin. The process stimulates collagen, reduces pigmentation, and leaves the skin visibly brighter with zero downtime, making it a popular choice for congested, dull, or ageing complexions.

Benefits

- Deeply cleanses and tightens enlarged pores
- Exfoliates dead skin and removes impurities
- Brightens and evens out skin tone
- Reduces oiliness and acne-prone skin
- Stimulates collagen and improves elasticity
- Minimises fine lines and surface pigmentation
- Delivers instant radiance with no recovery time

Areas Treated

Full face, Nose, Forehead, Cheeks, Chin, Jawline, Neck

Cavitation (Ultrasound Fat Reduction)



Non-Surgical Body Contouring

Cavitation is a non-invasive fat reduction treatment that uses low-frequency ultrasound waves to target and disrupt fat cell membranes. The vibrations cause the fat cells to break down and release their contents, which are then processed and eliminated naturally by the body's lymphatic system. Often used as an alternative to liposuction, cavitation is painless, requires no downtime, and can be combined with other body sculpting treatments to enhance overall results. It is ideal for contouring, inch loss, and smoothing stubborn areas resistant to diet and exercise.

Benefits

- Targets and reduces localised fat deposits
- Improves body shape and contours
- Stimulates lymphatic drainage and detoxification
- Painless and suitable for all skin types
- No downtime or recovery required
- Non-invasive alternative to liposuction
- Can be used alongside slimming or toning protocols

Areas Treated

Abdomen, Flanks, Thighs, Hips, Buttocks, Upper arms, Back, Waist

Cryotherapy (Fat Freeze)



Targeted Fat Cell Destruction

Cryotherapy for fat reduction, also known as fat freezing or cryolipolysis, is a non-invasive body sculpting treatment that uses controlled cooling technology to selectively target and destroy fat cells. The cooling panels bring the fat layer to a precise temperature that causes fat cell apoptosis (cell death) without damaging the surrounding skin or tissue. Over the weeks following treatment, the body naturally processes and eliminates the destroyed fat cells. Cryotherapy is widely used for body contouring and inch loss, especially in stubborn fat areas that do not respond to diet or exercise.

Benefits

- Permanently destroys targeted fat cells
- Non-invasive alternative to surgical liposuction
- No downtime, scarring, or anaesthesia
- Effective on localised, stubborn fat pockets
- Clinically proven to reduce fat layer thickness
- Safe and controlled cooling mechanism
- Enhances body confidence and silhouette

Areas Treated

Abdomen, Love handles, Flanks, Inner and outer thighs, Upper arms, Chin, Back, Bra bulge, Hips

Dermal Filler



Injectable Volume Restoration

Dermal fillers are injectable gels typically composed of hyaluronic acid or other biocompatible substances used to restore lost volume, enhance facial contours, and smooth static wrinkles. Administered with precision into specific dermal layers, fillers can redefine facial symmetry, plump hollow areas, and rejuvenate ageing features. Results are immediate and long-lasting, with minimal downtime. Depending on the formulation and technique used, dermal fillers can be sculptural, hydrating, or corrective, making them versatile for both enhancement and restorative purposes in aesthetic medicine.

Benefits

- Restores lost volume and structure
- Smooths fine lines and deeper wrinkles
- Enhances lips, cheeks, chin, and jawline
- Improves facial balance and contour
- Hydrates skin from within with hyaluronic acid
- Produces immediate, natural-looking results
- Minimal downtime with long-lasting outcomes

Areas Treated

Lips, Cheeks, Nasolabial folds, Marionette lines, Chin, Jawline, Temples, Tear troughs, Nose (non-surgical rhinoplasty), Hands, Perioral lines, Earlobes

Ear Care



Non-Invasive Ear Health & Hygiene

Ear care treatments are designed to support hygiene, comfort, and optimal auditory health through the safe removal of excess wax, debris, and blockages. Common techniques include manual extraction, irrigation with warm water, or microsuction, which gently vacuums out wax under visual guidance. These treatments relieve symptoms such as ear fullness, itching, temporary hearing loss, or tinnitus. Performed in a controlled, sterile environment by trained professionals, ear care can significantly improve comfort and prevent potential complications caused by wax buildup or improper self-cleaning.

Benefits

- Safely removes earwax and debris buildup
- Improves hearing clarity and ear comfort
- Relieves symptoms like pressure and tinnitus
- Reduces risk of infection from impaction
- Non-invasive and suitable for most clients
- Enhances ear hygiene and general well-being
- Performed under visual guidance for precision

Areas Treated

Outer ear canal, Ear canal entrance, Auditory canal (up to the visible depth)

Facials



Customised Skin Rejuvenation

Facials are personalised skincare treatments designed to cleanse, exfoliate, and nourish the skin using a combination of manual techniques and targeted products. Each facial is tailored to individual skin types and concerns, such as dryness, congestion, sensitivity, or ageing. Depending on the type of facial, methods may include steam, extraction, massage, masks, and advanced tools like galvanic current or ultrasonic infusion. Facials promote skin health, enhance radiance, and support ongoing maintenance when performed regularly as part of a professional skincare plan.

Benefits

- Deeply cleanses and detoxifies the skin
- Removes dead skin cells and refines texture
- Boosts hydration and skin suppleness
- Stimulates circulation and collagen activity
- Addresses specific concerns like acne or dullness
- Promotes relaxation and reduces facial tension
- Enhances product absorption and skin function

Areas Treated

Full face, Neck, Décolletage, Jawline, Forehead, Cheeks, Nose, Chin

Fat Dissolving Injections



Targeted Injection Lipolysis

Fat dissolving injections are non-surgical treatments that use compounds such as deoxycholic acid or phosphatidylcholine to break down and eliminate stubborn fat deposits in specific areas of the body. The solution is injected directly into the adipose tissue, where it disrupts the fat cell membrane, causing the cells to release their contents and be naturally processed by the lymphatic system. This treatment is ideal for small, localised areas of fat that are resistant to diet and exercise, offering gradual and long-lasting results with minimal downtime.

Benefits

- Permanently destroys targeted fat cells
- Non-surgical and minimally invasive
- Smooths and contours treated areas
- Safe for small, stubborn fat deposits
- Minimal downtime and no general anaesthetic
- Supports overall body sculpting goals
- Results improve gradually over weeks

Areas Treated

Chin, Jowls, Abdomen, Flanks, Upper arms, Thighs, Hips, Knees, Bra bulges, Back fat, Lower buttocks (banana roll), Chest (pseudogynecomastia)

Hot Stone Massage



Thermal Deep Muscle Therapy

Hot stone massage is a holistic therapy that involves the placement of smooth, heated basalt stones on key points of the body combined with traditional massage techniques. The heat from the stones penetrates deep into the muscle layers, encouraging relaxation, increasing circulation, and relieving chronic tension. Often used to alleviate stress, anxiety, and muscular pain, this treatment enhances the effectiveness of manual massage by promoting a deeper release without the need for excessive pressure. It is both calming and therapeutic, offering physical and emotional benefits in one session.

Benefits

- Relieves deep muscular tension and stiffness
- Increases blood flow and oxygen to tissues
- Promotes full-body relaxation and calm
- Reduces stress and anxiety symptoms
- Improves joint flexibility and mobility
- Encourages lymphatic drainage and detoxification
- Enhances the effects of manual massage techniques

Areas Treated

Back, Neck, Shoulders, Legs, Arms, Hands, Feet, Face (optional)

IPL Laser Treatment



Intense Pulsed Light Therapy

IPL (Intense Pulsed Light) treatment uses broad-spectrum light energy to target pigmentation, vascular lesions, acne, and signs of ageing by delivering controlled pulses deep into the skin. Unlike lasers, which use a single wavelength, IPL emits multiple wavelengths to treat various chromophores simultaneously, making it versatile for multiple skin concerns. The light energy is absorbed by melanin or haemoglobin, breaking down imperfections and stimulating collagen renewal for clearer, brighter, and more even-toned skin. IPL is a non-invasive treatment with minimal downtime.

Benefits

- Reduces pigmentation, sunspots, and redness
- Stimulates collagen for improved skin tone
- Treats vascular lesions like thread veins and rosacea
- Helps manage acne and skin texture irregularities
- Minimises fine lines and signs of photoageing
- Evens out complexion and improves radiance
- Suitable for face and body rejuvenation

Areas Treated

Full face, Neck, Décolletage, Hands, Arms, Legs, Back, Chest, Shoulders, Nose, Cheeks

Laser Hair Removal



Permanent Hair Reduction

Laser hair removal uses concentrated beams of light to target and destroy hair follicles at the root, reducing and eventually halting hair growth in the treated area. The laser emits light absorbed by the pigment (melanin) in the hair, which converts to heat and disables the follicle. Multiple sessions are required to effectively treat hairs in various stages of the growth cycle. This treatment is suitable for nearly all areas of the body and is popular for its long-term results, precision, and time-saving convenience compared to waxing or shaving.

Benefits

- Permanently reduces unwanted hair growth
- Quick, precise, and efficient treatment
- Suitable for large and small areas
- Prevents ingrown hairs and irritation
- Leaves skin smooth and stubble-free
- Saves time and money long-term
- Works on a wide range of skin types with modern technology

Areas Treated

Face, Neck, Underarms, Arms, Back, Chest, Bikini line, Brazilian, Legs, Stomach, Shoulders, Hands, Feet

Laser Tattoo Removal



Non-Surgical Ink Clearance

Laser tattoo removal uses concentrated pulses of light to shatter tattoo ink particles embedded in the skin, allowing them to be gradually eliminated by the body's immune system. The laser emits specific wavelengths that target different ink colours without harming surrounding tissue. Over a series of sessions, the tattoo fades as the pigment breaks down and is absorbed. This method is considered the most effective and safest way to remove unwanted tattoos, whether partially or completely, and can also be used to lighten ink for future cover-up work.

Benefits

- Breaks down tattoo ink without damaging skin
- Suitable for all tattoo colours with the right wavelength
- Safe, non-surgical alternative to excision or dermabrasion
- Minimal risk of scarring with advanced equipment
- Allows lightening for cover-up designs
- Gradual fading ensures controlled removal
- Effective on professional, amateur, and cosmetic tattoos

Areas Treated

Face, Neck, Arms, Hands, Chest, Back, Abdomen, Legs, Feet, Fingers, Eyebrows (cosmetic ink)

LVL Lash & Brow Lift



Natural Lift and Volume

LVL (Length, Volume, Lift) Lash & Brow Lift is a non-invasive treatment designed to enhance the natural appearance of the lashes and brows without the need for extensions.

For lashes, it straightens and lifts from the root, giving the effect of longer, fuller lashes with added definition. The brow lamination aspect softens and shapes the brows, lifting the hairs into a uniform direction to create a fuller, sculpted look. The results are immediate and low-maintenance, lasting for several weeks with minimal aftercare.

Benefits

- Lifts and curls natural lashes from the root
- Enhances lash and brow definition without makeup
- Creates a fuller, fluffier brow appearance
- Opens up the eyes and brightens the face
- Long-lasting results with no damage to hairs
- Low-maintenance alternative to extensions
- Suitable for most hair types and eye shapes

Areas Treated

Eyelashes, Upper eyelids, Eyebrows, Brow arch, Brow tail

Microneedling



Collagen Induction Therapy

Microneedling is a minimally invasive skin rejuvenation treatment that uses a device with fine needles to create thousands of controlled micro-channels in the epidermis and dermis. These micro-injuries trigger the body's natural wound healing cascade, stimulating fibroblast activity, collagen and elastin production, and enhanced cellular turnover. The process strengthens the skin's structure, improves its overall texture and tone, and increases the absorption of topical serums. It is suitable for treating a wide range of skin concerns including ageing, scars, enlarged pores, and dullness.

Benefits

- Boosts collagen and elastin synthesis for firmer skin
- Reduces appearance of fine lines, scars, and stretch marks
- Improves skin tone, texture, and radiance
- Minimises pore size and smooths surface irregularities
- Enhances penetration of active serums and nutrients
- Suitable for treating early signs of ageing and sun damage
- Safe for all skin tones with minimal downtime

Areas Treated

Full face, Forehead, Cheeks, Nose, Chin, Neck, Décolletage, Scalp, Abdomen, Thighs, Arms, Hands, Stretch mark zones

Plasma Fibroblast (Skin Tightening)



Non-Surgical Skin Firming

Plasma fibroblast skin tightening is a non-invasive cosmetic procedure that uses plasma energy to target the superficial skin layer, stimulating fibroblasts to produce new collagen and elastin. A controlled arc of plasma energy is delivered via a handheld device, creating tiny micro-injuries that trigger the body's natural healing response. This results in skin tightening, lifting, and rejuvenation without cutting or injecting. It is a popular alternative to surgical procedures for clients seeking skin refinement with minimal downtime and no general anaesthetic.

Benefits

- Tightens and lifts sagging skin non-surgically
- Improves skin texture, tone, and elasticity
- Reduces fine lines, wrinkles, and crepey skin
- Treats hooded eyelids and under-eye bags
- Stimulates natural collagen and elastin production
- Minimal downtime with long-lasting effects
- Targets small, delicate areas with precision

Areas Treated

Upper eyelids, Under-eye area, Crow's feet, Neck, Jawline, Nasolabial folds, Marionette lines, Forehead, Upper lip, Abdomen, Knees, Hands

Polynucleotides



Advanced Regenerative Injectable

Polynucleotides are injectable biostimulators derived from purified fragments of DNA that encourage cellular regeneration, tissue repair, and deep dermal hydration. When introduced into the skin, these molecules stimulate fibroblast activity, promote collagen and elastin synthesis, and enhance the skin's ability to heal and renew itself. Unlike traditional fillers, polynucleotides do not add volume but instead focus on improving the skin's internal structure, firmness, and radiance through biological repair. They are ideal for patients seeking natural rejuvenation at a cellular level.

Benefits

- Improves skin firmness, tone, and elasticity
- Repairs damaged or ageing skin at a cellular level
- Deeply hydrates and revitalises dull skin
- Reduces fine lines, texture irregularities, and laxity
- Strengthens the skin barrier and dermal structure
- Encourages fibroblast activity and DNA synthesis
- Safe for sensitive, acne-prone, or post-procedure skin

Areas Treated

Full face, Periorbital area, Neck, Décolletage, Scalp, Hands, Jawline, Acne scars, Stretch marks

RF Skin Tightening



Collagen-Boosting Thermal Therapy

Radio Frequency (RF) skin tightening is a non-invasive treatment that uses controlled radio wave energy to heat the deeper layers of the skin, stimulating collagen and elastin production. The thermal energy causes dermal remodelling by contracting existing fibres and encouraging long-term tissue regeneration. RF technology is suitable for both facial and body areas, improving skin tone, firmness, and contour without downtime or surgery. With consistent sessions, it enhances overall skin texture and reduces mild laxity and fine lines.

Benefits

- Firms and tightens lax or sagging skin
- Stimulates natural collagen and elastin synthesis
- Enhances facial and body contouring
- Reduces fine lines and early signs of ageing
- Non-invasive with no downtime required
- Safe for all skin types and tones
- Gradual, natural-looking improvement over time

Areas Treated

Face, Neck, Jawline, Décolletage, Abdomen, Upper arms, Thighs, Buttocks, Knees, Back

Skin Booster Injections



Hydrating Injectable Skin Therapy

Skin booster injections are designed to improve overall skin quality by delivering hydrating and bioactive substances, typically hyaluronic acid, vitamins, amino acids, or peptides, directly into the dermis. Unlike dermal fillers, skin boosters do not create volume, but instead restore hydration, stimulate collagen, and improve skin texture and elasticity from within. They are ideal for clients seeking a subtle, refreshed appearance with smoother, more radiant skin across the face or body without altering facial contours.

Benefits

- Deeply hydrates and nourishes the skin from within
- Enhances skin texture, elasticity, and tone
- Softens fine lines, crepiness, and dryness
- Boosts collagen production and skin barrier function
- Improves radiance and overall skin vitality
- Suitable for early ageing prevention and maintenance
- Versatile for both facial and body rejuvenation

Areas Treated

Full face, Under-eye area, Neck, Décolletage, Hands, Jawline, Forehead, Perioral lines, Elbows, Knees

SPMU (Semi-Permanent Makeup)



Long-Lasting Cosmetic Enhancement

Semi-Permanent Makeup (SPMU) is a form of cosmetic tattooing that implants pigment into the upper dermal layers of the skin to enhance facial features such as brows, eyes, and lips. Techniques vary from microblading and powder brows to lip blush and lash line enhancement, with custom pigment selection tailored to each individual. SPMU offers a natural, low-maintenance solution for those seeking definition, symmetry, or colour correction, with results that gradually fade over time and can be topped up as needed.

Benefits

- Enhances natural features with precision and symmetry
- Saves time on daily makeup application
- Suitable for alopecia or post-chemotherapy clients
- Water-resistant and smudge-proof finish
- Customisable techniques for brows, eyes, and lips
- Boosts confidence and facial definition
- Long-lasting results with periodic maintenance

Areas Treated

Eyebrows, Eyelash line, Upper eyelids, Lower eyelids, Lips (full blush or contour), Beauty spots, Scar camouflage, Areola restoration

Swedish Massage



Relaxation and Circulatory Therapy

Swedish massage is a full-body therapeutic technique designed to promote relaxation, relieve muscular tension, and improve circulation through a series of flowing, gentle-to-firm strokes. It combines effleurage, kneading, friction, and tapping techniques to soothe the nervous system and increase blood flow. This version also includes optional Hopi ear candling, a holistic method believed to assist in relieving ear congestion, sinus pressure, and general stress by stimulating energy points around the ears and head.

Benefits

- Relieves muscular tension and stiffness
- Improves circulation and lymphatic drainage
- Reduces stress, anxiety, and mental fatigue
- Promotes relaxation and better sleep quality
- Supports detoxification and immune health
- Gentle on the body and suitable for all ages
- Includes optional ear candling for sinus relief

Areas Treated

*Back, Shoulders, Neck, Arms, Legs, Feet, Scalp, Face,
Ears (with ear candle option)*

Teeth Whitening



Cosmetic Dental Brightening

Teeth whitening is a non-invasive cosmetic procedure that lightens the shade of natural teeth by removing surface stains and internal discolouration using hydrogen peroxide or carbamide peroxide-based gels. The treatment is often accelerated with an LED light to enhance the breakdown of staining molecules. It is designed to improve the overall appearance of the smile, boost confidence, and deliver instant aesthetic results without altering the tooth structure or causing damage when performed professionally.

Benefits

- Whitens and brightens the natural tooth shade
- Removes surface stains from food, drink, and smoking
- Quick treatment with noticeable same-day results
- Boosts confidence and enhances smile aesthetics
- Non-invasive and pain-free when performed correctly
- Safe for enamel under professional supervision
- Suitable before events, weddings, or cosmetic procedures

Areas Treated

Upper teeth, Lower teeth, Full smile line

Vitamin B12 Injection



Energy and Wellness Booster

Vitamin B12 injections deliver a concentrated dose of cobalamin directly into the muscle, bypassing the gastrointestinal tract for enhanced absorption and rapid bioavailability. This essential water-soluble vitamin plays a pivotal role in red blood cell formation, DNA synthesis, nerve cell function, and neurological health. B12 is particularly valuable for those experiencing fatigue, anaemia, low mood, or poor dietary intake due to lifestyle or absorption disorders. It contributes to sustained energy, sharper cognitive function, and long-term wellness support.

Benefits

- Supports healthy energy levels and reduces fatigue
- Enhances mental clarity, focus, and cognitive function
- Assists in red blood cell production and oxygen transport
- Supports nervous system health and mood balance
- Boosts metabolism and immune resilience
- Ideal for those with low dietary intake or absorption issues
- Safe, quick, and effective method of supplementation

Areas Treated

Deltoid (upper arm), Gluteal muscle, Thigh (vastus lateralis)

Vitamin B7 Injection (Biotin)



Hair, Skin and Nail Support

Vitamin B7, commonly referred to as biotin, is an essential B-complex vitamin that supports the strength and resilience of skin, hair, and nails. Delivered intramuscularly, this treatment ensures superior absorption and availability, especially for individuals with stress, nutrient deficiencies, or conditions affecting the skin and scalp. Biotin also plays a critical role in keratin production, fatty acid metabolism, and cellular energy processes, helping to restore vibrancy, support tissue repair, and maintain healthy dermal and follicular structures.

Benefits

- Promotes stronger, thicker hair growth
- Strengthens brittle or weak nails
- Improves skin hydration, tone, and clarity
- Aids in metabolism and nutrient absorption
- Supports energy production at a cellular level
- Helpful in managing hair loss and skin dullness
- Suitable for those with low biotin levels or stress-related deficiencies

Areas Treated

Deltoid (upper arm), Gluteal muscle, Thigh (vastus lateralis)

Vitamin D Injection



Immune and Bone Health Supplementation

Vitamin D injections offer a high-strength, fat-soluble supplement essential for calcium regulation, immune function, and hormone balance. Administered via intramuscular route, this method bypasses digestive barriers, making it especially effective for individuals with malabsorption issues or low sun exposure. Vitamin D contributes to mood regulation, bone density, muscle performance, and systemic inflammation control. It is a valuable treatment for seasonal fatigue, immune vulnerability, and long-term deficiency management in diverse populations and lifestyles.

Benefits

- Supports strong bones and calcium absorption
- Enhances immune system resilience
- Helps regulate mood and combat seasonal fatigue
- Reduces inflammation and supports muscle function
- Ideal for those with poor dietary intake or absorption
- Safe and effective for long-term maintenance
- Particularly beneficial in winter or for those with limited sun exposure

Areas Treated

Deltoid (upper arm), Gluteal muscle, Thigh (vastus lateralis)

Vitamin IV Drip Therapy



Intravenous Wellness Infusion

Vitamin IV drip therapy delivers a tailored blend of essential vitamins, minerals, amino acids, and antioxidants directly into the bloodstream through an intravenous infusion. This method bypasses the digestive system for maximum absorption and immediate systemic effects, making it ideal for replenishment, recovery, or preventative wellness. Common formulations include Vitamin C, B-complex, Biotin, Magnesium, Glutathione, and tailored immune or energy-boosting blends. Treatments are fully customisable based on individual needs and are popular for addressing fatigue, dehydration, jet lag, skin dullness, and general health optimisation.

Benefits

- Rapid rehydration and nutrient replenishment
- Supports immunity, energy, and cellular repair
- Enhances skin radiance and overall vitality
- Promotes detoxification through antioxidant action
- Effective for stress recovery and wellness maintenance
- Ideal for those with malabsorption or dietary gaps
- Tailored infusions can target specific health and beauty concerns

Areas Treated

Intravenous infusion via forearm or hand vein

Waxing



Hair Removal and Skin Smoothing

Waxing is a semi-permanent hair removal method that extracts hair from the root using warm or hot wax applied directly to the skin. The wax adheres to both the hair and the outermost layer of dead skin, which is then removed in one swift motion. This technique provides smoother results than shaving, with regrowth typically taking 3 to 6 weeks depending on individual hair cycles. Regular waxing can reduce hair density over time, making it finer and sparser with consistent treatment.

Benefits

- Removes hair from the root for longer-lasting smoothness
- Exfoliates dead skin cells, enhancing skin clarity
- Leads to softer, finer regrowth over time
- Minimises risk of cuts or irritation compared to shaving
- Quick and effective method for large or small areas
- Suitable for sensitive skin types when professionally applied
- Helps prevent ingrown hairs with regular exfoliation

Areas Treated

Upper lip, Chin, Sideburns, Underarms, Arms, Legs, Bikini line, Hollywood, Brazilian, Back, Chest, Stomach, Hands, Toes